



FRIDAYS

gracepoint

GAP

FAMILY

FRIDAYS

*Discover Family. Discover Faith.
Discover Fun*

Edition #3

DEAR GAP FAMILY

We hope you are keeping well!

We have created this resource for you as a family to use and enjoy as you discover each other through fun and spending time together. It is our hope that it will also help you "do faith at home" - something which can at times be challenging!

Please feel free to share some memories as they are being created through aid of this resource to gap@gracepoint.co.za .

Be blessed

GAP Gracepoint

**WE'VE GOT GREAT GAME
IDEAS FOR YOU THIS WEEK...**

turn over the page

GAME IDEAS:

Option #1 - The Chocolate Game (The aim of this game is to eat as much of the food in your turn as possible [works great with a few slabs of chocolate]. Gather a plate, food, knife, a fork, cap, scarf, gloves and dice. Sit in a circle around the objects. Each player rolls the dice on their turn, if they get a six then they have to put on all the clothing items and using the knife and fork each as much of the food [for chocolate one block at a time] until the next player gets a six. The dice moves around the circle until a player gets six and then continues. Add a blindfold for added difficulty.

Option #2 - Twister or Contortions (DIY your own twister mat with chalk on a driveway or spray paint the grass. Create your own spinner and have fun!

Instructions for twister here: <https://youtu.be/7A5XOoudmdo>

Alternative version: Contortions

Players stand around the room. The leader calls out various parts of the body that must be put onto or next to a particular object. Each subsequent instruction requires the players to get into more difficult and contorted positions. Anyone who loses their balance is counted out and the last survivor is the winner. Examples: elbow to the wall, nose to the floor, thumb on nose etc.

Option #3 - Hide 'n seek or Animals (Who doesn't love a classic game of hide 'n seek inside or outside

How to play Animals:

You will need a blindfold or scarf.

All players except the blindfolded player station themselves around the room. The blindfolded player feels their way around the room until they touch somebody. The player who is touched must make an animal noise. The blindfolded player needs to try identify the touched player by their voice. If correct, they player becomes the next blindfolded player. If not, the game continues.

FAMILY BIBLE STUDY:

Using the SOAP method chat about this scripture.

“Love is patient, love is kind. It does not envy, it does not boast, it is not proud.

It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails.” – 1 Corinthians 13:4-8

Scripture Application Observation Prayer

MEAL/ SNACK IDEAS:

Option #1 - *Vanilla Sprinkle Cookies* (Lockdown encourages snacking... why not make some homemade cookies?) Recipe here:

<https://juliasalbum.com/vanilla-sugar-cookies-with-sprinkles/>

Option #2 - *No Bake snack bars* (If you're not so into baking this is perfect for you- [https://www.averiecooks.com/no-bake-honey-nut-](https://www.averiecooks.com/no-bake-honey-nut-cheerios-snack-bars/)

[cheerios-snack-bars/](https://www.averiecooks.com/no-bake-honey-nut-cheerios-snack-bars/)

Option #3 - *Savory Pancakes* (A great one for dinner where everyone can get involved)

<https://www.bbcgoodfood.com/recipes/savoury-pancake>

ALTERNATE FAMILY IDEAS:

Option #1 - *Listen to an audio book* (Bored of reading?) Listen to free audio books here:

<https://www.parent24.com/Storytime/find-the-jungle-book-alices-adventures-in-wonderland-and-dozens-of-other-free-audible-stories-here-20200327>

Option #2 - *Classic Charades* (Who doesn't love charades?)

Option #3 - *Create your own shadow box movie* (With all the video content going around, create your own shadow box movie.) Check how here: <https://youtu.be/hL28SkHf1g>