



FRIDAYS

gracepoint

**GAP**  
**FAMILY**  
**FRIDAYS**

*Discover Family. Discover Faith.  
Discover Fun*

*Edition #1*

# DEAR GAP FAMILY

This resource is designed to help families connect, discover faith and discover fun together! In this resource you will find activities, links, scriptures and ideas, for you as a family, to engage in together.

It is our prayer that this will lead to special memories being made!

With love

GAP Gracepoint

How good and pleasant  
it is when God's people  
live together in unity!

Psalm 133:1



## GAME IDEAS:

*Option #1 - Minute to Win It* (These are short games, with ordinary household items which are tons of fun for all ages. Check out for ideas <https://www.playpartyplan.com/minute-to-win-it-games-for-kids/> and YouTube for demo videos)

*Option #2 - Board Games* (Why not break out the old board games?)

*Option #3 - Pictionary* (Pick 20 random objects and write their names down on small pieces of paper. On their turn, the player picks one and draws it on a piece of paper while the remaining players try to guess what their drawing is. Each turn is 1 minute. Points can be added for more competition.)

## MEAL/ SNACK IDEAS:

*Option #1 - Have a "build-a-burger" night* (Use premade patties or create your own with mince meat, fish or create a vegetarian option with beans/ chickpeas)

*Option #2 - "Everything but the kitchen sink" Ice Cream Sundae*

(Find anything in your kitchen that looks like it could fit into a sundae – literally anything! Except the kitchen sink!)

*Option #3 - Popcorn* (The good old faithful)

## FAMILY BIBLE STUDY:

Use the SOAP Method to study and chat about this scripture as a family:  
*Scripture. Observation. Application. Prayer*

Isaiah 41:13-14

**"For I am the Lord, your God, who takes hold of your right hand and says to you, Do not fear; I will help you. Do not be afraid, for I myself will help you," declares the Lord, your Redeemer, the Holy One of Israel."**

## ALTERNATIVE FAMILY IDEAS:

*Option #1 - Dinner and a Movie*

*Option #2 - Build a fort in your home*

*Option #3 - Dance Battle*